

INVITATION

May we kindly invite you at the **Cultural Training** organised by Be Welcome on **Thursday 5th April 2018**

We selected a practical location in the centre of Antwerp near the beautiful Central Station and in the Century Office historical Art Deco building

Multiburo - De Keizerlei 58 - 2018 Antwerp



Planning of the day – Workshop Program

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9.00 am	Welcome & Coffee, tea & Belgian "coffeecakes"
9.20 – 12.30	Training including break
12.30 – 13.45	Lunch : sandwich lunch / vegetarian if prefered
13.45 -16.30	Training including break
16.30 – 17.00	After meeting-drink; Tasting of Belgian products, pralines, chocolate

A glimpse of the Content of the Cultural Training

You recently arrived in Belgium or maybe you had already some experience living in our country? Nevertheless, some of below questions or thoughts may have come to your mind:

- How do I avoid a culture shock?
- Dealing with cultural differences and avoiding misunderstandings
- What are Belgian people like? All about the **Belgian identity**!
- How determines Belgian history the Belgian identity today?
- What's the difference between Flanders and Wallonia?
- Local values and habits, some useful hints, Tips and advice for integration
- How many governments does Belgium have?
- What to do when I am invited to a Belgian party?
- How to find a doctor? How to get reimbursements from health insurance?
- How to use the public transport?
- How do I recycle my garbage?
- Belgian traffic! Dangerous? How to avoid fines ?
- Where do I buy the Belgian chocolate?
- Why is Belgian beer so popular?
- What to visit in Belgium and around?
- And much more....

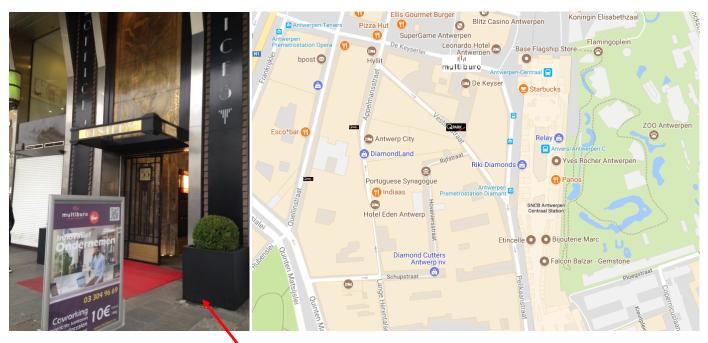
Interested to find out more about all these topics? This basket full of practical information is **a brilliant** *introduction to Belgium* and will help you to feel comfortable in everyday life.

Registration

We work in small groups of **max 12 persons**. Please confirm **before 28 March 2018** per e-mail to <u>tine.soers@bewelcome.be</u>, indicating your <u>nationality, mobile number</u> and if <u>vegetarian preference</u>. **Contact : Tine Soers** - Mobile +32 (0) 473 473 683 - Be Welcome +32 (0) 3 449 56 98 **Venue & route map : see attached**

*This training is open for expats, their family members, foreign employees, Hr managers. Be Welcome has the right to refuse participation of competitive companies or trainers.

Location: <u>Multiburo</u> Antwerp Address : De Keyserlei 58-60 - 2018 Antwerp Contact : Multiburo :+32 (0)3 304 95 95 - Mobile Tine Soers : +32 473 473 683



Train Station - Most easy, Recommended

In the Central Station : Take main exit **Keyserlei**. Multiburo is 20 meters walking from the exit, **next to McDonalds and Mediamarkt**.

You enter the Multiburo Office Centre on number 58 – 60. Please take the elevator to the 12th floor.

Subway - Tramway:

Stop Astrid : Underground : 2, 3, 5, 6, 8 - Aboveground : 10, 11, 12, 24 Stop Diamant : Underground : 2, 6, 9, 15 - Aboveground : 11, 12 <u>Bus</u>

bus stop Astrid : bus 17,19,21,23,31,68,410,411,412,414,416,417,418,427,429 bus stop Diamant: bus 17,19,21,23,31,68,410,411,412,414,416,417,418,427,429

<u>Car</u>: Attention works going on in Antwerp Center - We advise to take public transport Please check <u>https://www.slimnaarantwerpen.be/en</u>

Q-Park in Vestingsstraat 39 :

<u>https://www.q-park.be/nl/parkeren-bij-q-park/parkings-per-stad/antwerpen/century-center</u> Coming from Brussels : Take E 19 - Approaching Antwerp, stay on the very left lane in the tunnel Craeybeckx

- Exit tunnel and follow straight ahead Generaal Lemanstraat till 3rd traffic light : take right and follow around Koning Albertpark

- At the traffic light take left, favoring the right lane and take 3rd street right : Belgiëlei - Follow Belgiëlei till roundabout

-On the roundabout take 3rd exit Charlottalei - continue to Quinten Matsijslei - continue till the park -

- you will see the police office, you keep on driving straight ahead.

- Take the 4th street to the right. This is the Korte Herentalsestraat, and then take the first street on the left. This is the Lange Herentalsestraat.

- After 300m, you will turn right in the Vestingstraat.

- The entrance of the **parking Qpark** will be situated at your left hand side. (just pass Mediamarkt storage) In the Car Park you can take the elevator and **walk through the commercial center** "Century Centre" You **exit the commercial center at the street De Keyserlei**.

Next to the exit, you enter the Multiburo Office on De Keyserlei number 58 - 60 near Mc Donnalds Please take the **elevator to the 12th floor.**