

Invitation

May we kindly invite you at the **Cultural Training** organised by Be Welcome on
Wednesday 27 March 2019

We selected a practical location in the centre of Antwerp
near the beautiful Central Station and in the Century Office historical Art Deco building

Multiburo - De Keizerlei 58 - 2018 Antwerp



Planning of the day – Workshop Program

9.00 am	Welcome & Coffee, tea & Belgian pastries
9.20 – 12.30	Training including break
12.30 – 13.45	Lunch : sandwich lunch / vegetarian if preferred
13.45 - 17.00	Training including break
17.00 – 17.15	After meeting-drink; Tasting of Belgian products, pralines, chocolate ...

A glimpse of the Content of the Cultural Training

*You recently arrived in Belgium or maybe you had already some experience living in our country?
Nevertheless, some of below questions or thoughts may have come to your mind:*

- How do I avoid a culture shock?
- Dealing with **cultural differences** and avoiding **misunderstandings**
- What are Belgian people like? All about the **Belgian identity!**
- How determines Belgian history the Belgian identity today?
- What's the difference between Flanders and Wallonia?
- Local values and habits, some useful hints, **Tips and advice for integration**
- How many governments does Belgium have?
- What to do when I am invited to a Belgian party?
- How to find a doctor? How to get reimbursements from health insurance?
- How to use the public transport?
- How do I recycle my garbage?
- Belgian traffic! Dangerous? How to avoid fines ?
- Where do I buy the Belgian chocolate?
- Why is Belgian beer so popular?
- What to visit in Belgium and around?
- And much more....

*Interested to find out more about all these topics? This basket full of practical information is a **brilliant introduction to Belgium** and will help you to feel comfortable in everyday life.*

Registration

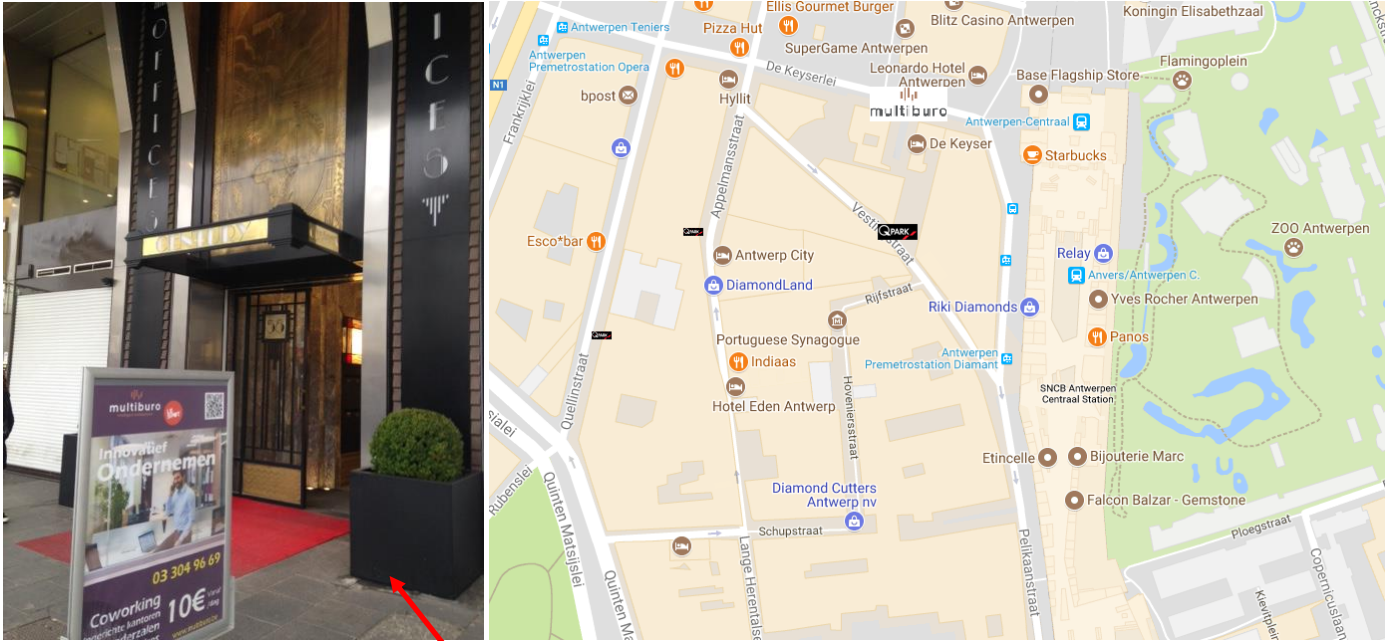
We work in small groups of **max 10-12 persons**. Please confirm **before 18 March** per e-mail to annekien@bewelcome.be, indicating your nationality, mobile number and if vegetarian preference.
Contact : Anneken Van Vaerenbergh Mobile +32 (0) 478 54 0602 - Be Welcome +32 (0) 3 449 56 98
Venue & route map : see attached

**This training is open for expats, their family members, foreign employees, Hr managers.
Be Welcome has the right to refuse participation of competitive companies or trainers.*

Location: [Multiburo](#) Antwerp

Address : De Keyserlei 58-60 - 2018 Antwerp

Contact : Multiburo : +32 (0)3 304 95 95 - Mobile Tine Soers : +32 473 473 683



Train Station - Most easy, Recommended

In the Central Station : Take main exit **Keyserlei**. Multiburo is 20 meters walking from the exit, **next to McDonalds and Mediamarkt**.

You enter the Multiburo Office Centre on number 58 – 60. Please take the **elevator to the 12th floor**.

Subway - Tramway:

Stop Astrid : Underground : 2, 3, 5, 6, 8 - Aboveground : 10, 11, 12, 24

Stop Diamant : Underground : 2, 6, 9, 15 - Aboveground : 11, 12

Bus

bus stop Astrid : bus 17,19,21,23,31,68,410,411,412,414,416,417,418,427,429

bus stop Diamant: bus 17,19,21,23,31,68,410,411,412,414,416,417,418,427,429

Car : Attention works going on in Antwerp Center - We advise to take public transport

Please check <https://www.slimnaarantwerpen.be/en>

Q-Park in Vestingsstraat 39 :

<https://www.q-park.be/nl/parkeren-bij-q-park/parkings-per-stad/antwerpen/century-center>

Coming from Brussels : Take E 19 - Approaching Antwerp, stay on the very left lane in the tunnel Craeybeckx

- **Exit tunnel and follow straight ahead** Generaal Lemanstraat till 3rd traffic light : take right and follow around Koning Albertpark
 - At the traffic light take left, favoring the right lane and take 3rd street right : Belgiëlei - Follow Belgiëlei till roundabout
 - On the roundabout take 3rd exit Charlottalei - continue to Quinten Matsijslei - continue till the park -
 - you will see the police office, you keep on driving straight ahead.
 - Take the 4th street to the right. This is the Korte Herentalsestraat, and then take the first street on the left. This is the Lange Herentalsestraat.
 - After 300m, you will turn right in the Vestingstraat.
 - The entrance of the **parking Qpark** will be situated at your left hand side. (just pass Mediamarkt storage)
- In the Car Park you can take the elevator and **walk through the commercial center "Century Centre"**
You **exit the commercial center at the street De Keyserlei**.
Next to the exit, you enter the Multiburo Office on De Keyserlei number 58 – 60 near Mc Donalds
Please take the **elevator to the 12th floor**.