

## Invitation

May we kindly invite you at the **Cultural Training** organised by Be Welcome on  
**Thursday February 13, 2020**

We selected a practical location in the centre of Antwerp  
near the beautiful Central Station and in the Century Office historical Art Deco building

**Multiburo - De Keizerlei 58 - 2018 Antwerp**



### Planning of the day – Workshop Program

9.00 am	Welcome & Coffee, tea & Belgian pastries
9.20 – 12.30	Training including break
12.30 – 13.45	Lunch : sandwich lunch / vegetarian if preferred
13.45 - 17.00	Training including break
17.00 – 17.15	After meeting-drink; Tasting of Belgian products, pralines, chocolate ...

### A glimpse of the Content of the Cultural Training

*You recently arrived in Belgium or maybe you had already some experience living in our country?  
Nevertheless, some of below questions or thoughts may have come to your mind:*

- How do I avoid a culture shock?
- Dealing with **cultural differences** and avoiding **misunderstandings**
- What are Belgian people like? All about the **Belgian identity!**
- How determines Belgian history the Belgian identity today?
- What's the difference between Flanders and Wallonia?
- Local values and habits, some useful hints, **Tips and advice for integration**
- How many governments does Belgium have?
- What to do when I am invited to a Belgian party?
- How to find a doctor? How to get reimbursements from health insurance?
- How to use the public transport?
- How do I recycle my garbage?
- Belgian traffic! Dangerous? How to avoid fines ?
- Where do I buy the Belgian chocolate?
- Why is Belgian beer so popular?
- What to visit in Belgium and around?
- And much more....

*Interested to find out more about all these topics? This basket full of practical information is a **brilliant introduction to Belgium** and will help you to feel comfortable in everyday life.*

### Registration

We work in small groups of **max 10-12 persons**. Please confirm **before 3 February** per e-mail to [annekien@bewelcome.be](mailto:annekien@bewelcome.be), indicating your nationality, mobile number and if vegetarian preference.  
**Contact : Annekien Van Vaerenbergh** Mobile +32 (0) 478 54 0602 - Be Welcome +32 (0) 3 449 56 98  
**Venue & route map : see attached**